**Our Sale West Board Meeting**

**3rd October 2019**

**Sale West Community Centre**

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| **Present: Board Members** | **In attendance: Non-Board Members** |
| Ralph Rudden – Chair / Resident | Clare Standish – OSW Project Devel. Manager |
| Freda Eyden – Vice Chair / Non resident | Pip Tarmey-Holmes – OSW Project Devel. Manager |
| Chris Leslie – Vice Chair / Resident | Lynne Stewart – OSW Comm. Hub Co-ord / Resident |
| Kath Shenton – Resident | Dan Bunting – Non-resident |
| Tammy Anstey – Resident | Tony Mullen – Big Local Rep |
| Alison Whittaker – Resident | Caitlin Phillips- Intuitive Thinking Skills |
| Bella Okpalugo – Resident | Lesley Steel- Communities United |
|  | Paul Lewis- Communities United |
|  | **Apologies** |
|  | Sara O’Neill - Resident |
|  | Cath Johnson- Admin Assisatnt |
|  | Sam Cooper- Engagement Officer |
|  | Zoe Marshall – Non-resident |
|  | Rob Chilton – Non-resident |
|  | Dan Shelston – Non-resident |
|  | Denise Pluples - Resident |
|  | Robina Sheikh – Trafford Council |

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|  | Item | Action |
| **1.** | Introductions / Apologies / Declaration[s] of Interest* Everyone introduced themselves to Caitlin Phillips. Caitlin introduced herself as the Community Development Manager for Intuitive Thinking skills, and also a local resident.
* No declarations of interest were made.
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| **2.** | Minutes of the Previous Meeting* Sara O’Neill had joined the previous Board meeting to find out about Our Sale West. She had since met with Clare Standish and spoken to Board members. Sara will now be welcomed onto the Board.
* The Christmas lunch sub-group meeting went ahead witha small number of attendees. Actions were made to be discussed as agenda item.
* Clare and Freda will both be attending the ‘Measuring Change’ workshop taking place in Manchester on October 9th.
* Freda, Lynne and Ralph are booked onto the Energy and Climate Change learning cluster, taking place in Bristol on October 18th.
* Ralph has been invited to take part in a podcast ‘Achieving Local Economic Change: What Works?’ in London
* Freda is booked onto the last learning cluster ‘Making Projects Happen’ in Liverpool.
* Sara would apply to the Irwell Valley Foundation for prizes for Strictly Lunch.
* 5 Community Grant applications had been received.

The Minutes were passed. |  |
| **3.** | Presentation by Caitlin Phillips- Intuitive Thinking Skills* Intuitive Thinking Skills are behavior and attitude change specialists. They work with many organisations such as the NHS, prisons and other partnerships.
* The organization was founded in 2005 by Peter Bentley who himself had a drug and alcohol dependency. He turned his life around through receiving support but found that he had become too dependent upon the particular type of support offered to him at that time. He decided that help could be provided in a different way.
* Peter founded a company and established courses to offer alternative ways of offering support to people with various types of addiction.
* Intuitive Recovery looks at addictions and domestic violence. All courses are delivered by people who have had their own challenges and have themselves been on the courses.
* Caitlin approached Our Sale West after the death of a local resident with addiction problems. Caitlin wants to help people on the Sale West Estate as the nearest drug and alcohol services are based in Old Trafford.
* The proposal that Caitlin has put together has evidence-based needs and she has also conducted a poll on social media.
* Intuitive recovery is focused on changing attitudes and making people more independent. Once the root problem is tackled, other external factors can be looked at. There is a 40% success rate of being able to break the cycle.
* Lynne mentioned that Achieve used to have a drop-in session at the community centre, but nobody turned up for it.
* Cllr Bunting stated that people may not want to come to the community centre as people will see them entering the building and know why they are there.
* Clare asked how people have been referred to other courses. Caitlin explained that this was done through question-based marketing and plugging into GP’s and support services. The courses themselves were a mixture of partnership working and pre 1:1 interview with the tutor.
* Lynne asked what percentage of people dropped out of the course. Caitlin informed that 88% complete the course which runs for 3 hours a day over 4 days.
* There is continued support after the course. A follow up session is held for a graduation event. There is also access to an e-learning portal for 12 months after the course.
* Lynne asked how the tutors know if people have actually stopped using. Caitlin informed the board that it is self-reported and, as people go on these courses voluntarily, attendees are more honest as there is no reason for them to lie.
* The 3 courses would cost £7310 plus VAT
* There would be 8-10 people per group.
* They would identify peer mentors to create a support network and to work with the individuals.
* The course meets with three of the Our Sale West aims - Health and Wellbeing; Employment and Training; and, Youth.
* It was explained to Caitlin that the Board would discuss her proposal and she would be informed of the decision in due course.
 | **ALL** |
| **4.** | Communities United Project update* Paul showed the board a slide show of the Summer Munch Club.
* There were 48 children registered and an average of 22 per day.
* A group of interested Sixth Form pupils from Ashton-on-Mersey high school were interviewed for 4 paid posts. They set the bar high and exceeded the leader’s expectations. The students had a good mixture of personalities and it was felt that the right people were selected to get this opportunity.
* Accessible venues were used for trips out, such as Dainewell Park, Dunham Park and Carrington Riding Centre.
* There were some new faces at the club and lots of enthusiasm and energy.
* Munch Club ended up doing some joint sessions with Sale Sharks.
* A weekly diary was kept with feedback, familiarity and consistency.
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| **5.** | Legacy of Our Sale WestClare had prepared a document on this important issue which was circulated to all Board members. In it, she outlined some ideas for the Board to consider regarding how Our Sale West could continue to operate as an entity post 2025 when the National Lottery funding would come to an end.To do this we could look at becoming a Charitable Incorporated Organisation (C.I.O). Our Sale West would look at becoming community facilitators and make sure that people have a voice. A source of income would be needed~~,~~ the team are currently looking at the possibility of investing in properties to have a steady, reliable form of income.Tammy asked if income would not be made from the new community centre. It was explained that if there were any delays in construction, the new community centre might not be ready before 2025 when Our Sale West would have to have spent the £1 million or return what remained to the National Lottery fund.Clare is currently investigating legacy and property purchase. It needs to be decided what type of body we want to become. | **ALL** |
| **6.** | Big Local Partnership Update- Tony MullinA partnership review form will be sent out to all members. This must be completed by the end of November.Local Trust have now arranged some new partnering opportunities with Street Games and Better Transport. A North West and Yorkshire regional networking event will be taking place at the beginning of December in Rastrick near Huddersfield. It will be focused around how Big Locals can work together and have more of a collective impact. |  |
| **7.** | **Sub Teams:**Youth* Communities United Project will be running the October Munch Club. As there was some money remaining from the summer sessions, there was not need to go out to tender.
* The Friday Night Youth club lower age limit has now dropped to Year 5. We will be looking at the numbers attending over the next month as it does not seem to be working as well as it used to. There will be an update after the meeting that is arranged with Sportworks.
* Freda has made initial enquiries with the local schools about holding a Schools Climate Change Conference next year. All are interested and the provisional dates are either 23rd or 30th June, or 7th July 2020. The final date will be decided once it is known if some visiting African teachers might be able to attend. Students will lead the conference with speeches and presentations. It is hoped that everyone will go away with ideas of how to make lifestyle changes. Freda invited any board members to help organise if interested.
* Youth Voice- we will be working with various partners in order to set up a local forum for young people. This is to establish an informal exchange of ideas between ourselves and the young residents of the estate.
* Freda and Pip would be attending a Tea and Toast event at The Firs Primary school, for the unveiling of the new parking safety signs that have been funded by Our Sale West.
* Sale Sharks will be running a HITS programme for NEET (Not in Education, Employment or Training) young people starting early next year and running for 12 months. There is no cost to OSW.
* Freda and Pip had met with Helen Parkinson, Deputy Head of Ashton on Mersey High School. The school have some projects that they would like OSW to be involved with such as offering informal drop in sessions for hard to engage with parents, based at the community centre instead of at the school.
* Helen would also like the possibility of OSW to involve some of the disengaged pupils in some projects that will make them do something positive. This could possibly involve Communities United or work on the new Youth Shelter.
 |  **Freda** |
| **8.** | Environment and Community Spaces* Phoenix Gardens has not been maintained regularly to date. Greenfingers have agreed to do a one-off clean up and then will continue to maintain thereafter.
* Leonard Cheshire and Brentwood School want to start some gardening sessions in Phoenix Gardens, but they were unable to manoeuvre around the garden in their wheelchairs as the pathway is not compacted. The group ended up working on the raised beds outside the Sunshine Café. They would like some bulbs to plant.
* We are currently waiting for quotes from artists to complete the artwork on the walls and benches.
* Apple Day is booked for the 20th October. City of Trees are unable to attend. There will be apple bobbing, a refreshments stall, chocolate apple decorating and apple printing. The Trafford Woodcraft Group, short story lady and Gemz Party sweets will hold stalls.
* As part of the pocket park a youth shelter will be built. It needs to be of a design and position that both the police and youth agree on.
* The tree trail is being looked at again, as our original contact at City of Trees is off at the moment and the project has now been taken up by two of his colleagues.
 | **Pip** |
| **9.** | Employment and Training* Trafford College will be re-advertising the Dad’s and Kids Cookery Sessions due to a poor uptake last time.
* A new course will be put on January to teach people how to use tablets and iPads.
* UnLtd: - Clare and Victor went over the original plan written by Andy Hemming. Victor will contact all users to offer training in various relevant subjects such as finance, marketing and sustainability.
* A panel had met to go through the community grant applications. Wellbeing weekdays will be funded one last time. Sara O’Neill will be part-funded for a bingo and activity club for lonely and vulnerable older people. More information is needed from Trafford Sound before a decision is made. It was decided that funding could not be given to the Daddy and Me group and also the repair café.
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| **10.** | Health and Wellbeing* There is a trip to Blackpool Carnival of Lights on Thursday 24th October
* We have been promised hampers for the community Christmas meal from both Nexus planning and AEW architects.
* The trip to Mr. Popper’s Penguins at Sale Waterside has been booked for a potential allocation of 100 people and seats are now on sale.
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| **13.** | Any Other Business* The newsletter is now in preparation and will be going out asap.
* Freda, Ralph, Sam and Tammy attended the Big Local Connects event in Nottingham. Tammy said the event was brilliant and there were lots of sessions to choose from. It was a little overwhelming for her first time and felt she needed more from some of the sessions. Overall it was well worth attending and she would recommend other board members to attend events.
* Freda, Ralph and Tammy also visited Dundee for a Resilient Communities session with UnLtd. The community hub there (formerly a disused factory) was described by Ralph as one of the best that he had ever seen. Lots of partners are based in the building such as a clothes bank, food bank, financial advice centre and Citizens Advice centre.
* Sam, Ralph and Freda were interviewed by Trafford Sound about the work of Our Sale West.
* There is a North West Chairs meeting taking place on Monday 9th December at Sale West Community Centre.
* There will be a Christmas meal for Board members in December instead of a Board meeting. Information will be sent out to everyone.
* Congratulations to Freda who has been nominated for the Tom Morris award and will be receiving a commendation at the end of the month.
 | **Pip** |
|  | **The next meeting will be on Thursday 7th November 2019 from 6 – 8pm in the Main Hall in the Community Centre** |  |