



Our Sale West Matters



Issue 2: February 2017

Sale West Community Catch up Event



All residents are cordially invited to attend
Our Annual meeting to be held at
Sale West Community Centre, Newbury Avenue
on Saturday, 25th February
from 12.30 p.m. – 2.30 p.m.
Bring this invitation to enter our prize draw!

The Our Sale West Board has been in place for just over a year now and it's time to formally report back to all of you on the progress made already and to tell you about the exciting plans for the future!

As our version of an **Annual General Meeting**, we are inviting you to come along to the Community Centre on **Saturday, 25th February 12.30–2.30pm** to meet the members of the Board, browse our displays, learn the results of our consultations with you and discover how we plan to continue spending our £1m of Lottery money on your behalf to make Sale West an even better place to live. This will be another opportunity to have your say on the future of the community and, if you want, to put yourself forward as a volunteer or as a member of the Board to become even more involved.

We will be offering you lots of delicious Caribbean food, provided by well-known local resident Leggo, a prize draw and the chance to sign up for lots of great events and activities, such as new clubs and classes, outdoor activities, trips out and much, much more!

It is important to us that you feel up to date with what is going on. Here are our achievements so far and future plans under the headings of our four main aims:

Youth, **Environment & Community Spaces**, **Jobs & Training** and **Health & Wellbeing**

Youth

Achievements

- We ran a successful consultation exercise with young people to discover their needs and wishes
- We ran a successful pilot scheme to offer a Youth café with activities aimed at 7– 15 year olds
- We supported and promoted the Munch Club during the school holidays to provide meals and activities for families who normally qualify for free school meals.
- We worked with partners to provide a variety of activities for all ages during the Spring and Summer school holidays



DJing workshop as part of our Youth consultation exercise

Future Plans

- We will be increasing the amount of Youth provision on the estate. From March the Youth café will open on a Thursday evening and from 21st April TuFC will be opening the youth centre every Friday running activities and sports for 11-18 year olds

Environment & Community Spaces

Achievements

- Our Sale West arranged for Trafford College to run an introductory gardening course for residents
- We introduced a programme of planting bulbs, flowers and vegetables around the estate and outside the Community Centre
- Consultation began regards a brand new Community Centre building and this will continue until March 2017

Future Plans

- We have commissioned Trafford College to run a second gardening course for residents
- Working with City of Trees, we will be creating a new Memorial garden on the site of the old Bechers Pub
- With their help, we also aim to establish a Heritage tree trail around the estate and offer guided walks/bike rides in the area
- We will be forming a 'Friends of Manor Wood' group to conserve and improve the wooded area behind the Community Centre



Bulb planting in communal areas on the estate.

Jobs/Training

Achievements

- The Job Club continues to go from strength to strength
- We have worked with Trafford College and other providers to offer courses for residents in basic food hygiene, first aid, gardening and safeguarding
- The latest round of Our Sale West Community Grants (up to £2K per project) has enabled four more entrepreneurs to set up businesses/services to benefit local residents.

Future Plans

- We intend to make much needed improvements to IT and Wi-Fi provision at the Community centre
- We will continue to commission training courses according to residents' needs and wishes
- We will continue the Our Sale West Community Grant Scheme

Health & Wellbeing

Achievements

- We helped to support 'Wellbeing Wednesday' activities
- Our Sale West contributed to the very popular Christmas lunch for residents
- We ran four extremely popular coach outings in 2016
- We supported the regular weekly Bingo sessions at the Community Centre
- We have introduced a Book Exchange scheme in the Sunshine café

Future Plans

- We are helping to support an expansion of 'Wellbeing Wednesday' activities to offer further classes on Thursdays, including Pilates, Dancing in Line and Relaxation with meditation
- We will be offering more coach trips throughout 2017
- We will continue to support the regular Bingo sessions
- We plan to develop a group wholly focussed on the men of the estate
- We will be starting work in early Spring on the Memorial Garden



Our growing selection of books as part of the Book exchange.

Meet our Board

Hi my name is Lynne Stewart, I'm a resident on the Sale West Estate.

I became a member of Our Sale West (OSW) back when the Big Local Lottery Fund awarded £1 million to our Community. I was on the steering group to begin with, then as we progressed I became a Board and was voted in as Vice Chair.

I became a board member because I could see we as a community needed this to improve the wellbeing of residents and where we all live.

I feel strongly about Sale West especially the youth and have taken it upon myself with another board member Zoe to put ourselves forward to help with youth provision within OSW ..(not a walk in the park!!) I get so much from my roll on the Board. Learning new skills, going to workshops, training, visiting places around the North West and further a field like the Eden project in Cornwall. All the time aware I'm there because of my Community and I'm representing them. Sale West has now been spoken about far and wide!. I have met people I'd never of got to meet if I hadn't given my time voluntary. It fills my days and weeks sometimes when we have events, meetings etc but I enjoy what I'm doing. I also volunteer at the Foodbank, involved with Munch Club, OSW environment team (improving our open spaces) and more!



Lynne making use of the OSW Christmas photo booth at the Sale West Christmas Party

FareShare

My latest voluntary project is FareShare. Supermarkets send tons of fresh edible food to landfill every day, Fareshare is around to help stop this. Myself and Hazel (Child and Family Officer) were asked to get involved and we couldn't say No!, we both felt our community would benefit from this. On a weekly basis we pick food up from Tesco and M&S that is coming to the end of its dated shelf life but is still fresh and edible. Every Friday and Saturday mornings we set up in the Community Centre and residents who can make good use of this food come in and fill a bag of fresh produce. We never know from one week to the next what we're going to pick up! OSW is involved in many things within our community and helps to support this. I am soon going to view Community shops in other areas as I would like to turn FareShare into a Community shop run on a membership/subscription scheme.



Well thanks for reading, this is some of what I do in my Community.

NEWS

Green Fingers ready—Community planting day

On Tuesday 14th March we are hosting a day of action at the Community Orchard on the site of the old Bechers Pub, Chepstow Avenue. In the morning from 10am City of Trees will be on site providing fruit pruning training to any residents interested. Then in the afternoon we are looking for volunteers to help tidy up the orchard and help plant our new centre piece; our Tibetan cherry blossom tree. This will be the first of many improvements planned.



Proposed replacement community centre on Sale West—We need your views!

As some of you may be aware our current community centre on Newbury Avenue is coming to the end of its lifespan. The building was assessed several years ago and unfortunately the cost to bring the building up to modern standards and to maintain was deemed too expensive. Members of the community felt that the activities at the centre were too vital to lose and as such created a Buildings Management Group involving interested parties to come up with a solution. The proposed solution is a replacement community centre on Firsway next to the Health centre.

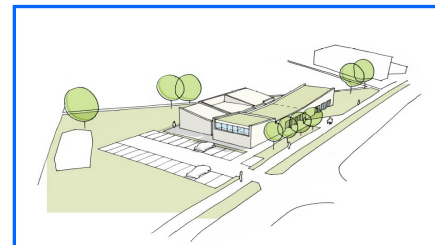
Our Sale West needs you to let us know what you think about this, your opinions are important. **Please take the time to fill out the online questionnaire:**

<https://www.surveymonkey.co.uk/r/HNT9NG2> Or pick up a paper copy from

Sale West Community Centre

If you would like to learn more then please attend the following drop in events at Sale West Community Centre, Newbury Avenue, Sale M33 4QW

- Tuesday 21st February 5-7pm
- Saturday 25th February 12.30—2.30pm
- Tuesday 2nd March 4-6pm



Artist impression of what the new centre may look like.

Sale West Musician in Residence



We are delighted to welcome **Robin Stevens** as Sale West's very own 'Musician in Residence' (a position unique in the North of England!). His brief is "to provide inspirational music which can enhance life in the Sale West Community". He will be based on the estate until December, 2017. Robin is a versatile musician who has already been playing, speaking and teaching in local schools, and making connections in the area. Future projects include putting together a studio-recorded, multi-media presentation in November, consisting of a show created and performed by Sale West residents. He would love to hear from local musicians, artists or dancers. Contact him by phone (0161 902 9950) or email (robincom.poser@yahoo.co.uk).

Dates for the Diary:

- Saturday 25th February 12.30—2.30pm— Our Sale West Community Catch up Event
- Thursday 2nd March 4-6pm—New Community Centre drop in
- Thursday 2nd March 6-8pm—Our Sale West Board Meeting
- Tuesday 14th March—Community Planting Day
- Sunday 2nd April—Our Sale West stall at the Manchester Marathon
- Thursday 6th April—Our Sale West Board Meeting

Our Sale West contact details:

In person: **Drop in sessions** from 11.00 a.m. – 2.00 p.m. on Tuesdays at the Community Centre.

Facebook: **Our Sale West** Email: enquiries@oursalewest.co.uk Website: www.oursalewest.co.uk

Postal address: **Clare Standish, Our Sale West Project Development Officer, Sale West Community Centre, Newbury Avenue, Sale M33 4QW**